

AMAZING BALI  
VOORBEELDREIS



PROGRAMMA

1

DAY

*Tuesday, February 26, 2019*

**ARR DPS - UBUD**

Upon arrival at Denpasar airport by .. at 17.30, after immigration formalities, meet and greeting service, a Balinese lady in traditional dress will welcome you with a flower garland. Transfer service to your hotel. Check in and free at leisure



**The Alena Resort**  
*Deluxe Room + BFS*

**2**

DAY

Wednesday, February 27, 2019

**UBUD (B,L)**

On this tour around Ubud and its vicinity, you'll visit small charming monumental rock shrines temple of Gunung Kawi then continue with a short drive to Tirta Empul. Drive through rice terraces and to one most famous museum in Ubud then return to hotel and at leisure.



**The Alena Resort**  
*Deluxe Room + BFS*



Breakfast at Hotel  
Lunch at local restaurant

**Gunung Kawi**

Gunung Kawi refers to a site of a series of 11th century tombs cut out from the rock face. To reach it, you have to walk down a steep flight of some three hundred steps, through a massive rock-hewn archway, all the way to the sacred Pakrisan River. It's an impressive spot, completely enshrined in a lush valley. There are lots of theories about the origins and function of the Gunung Kawi tombs or candi, as they are also considered as sacred temples. Most probably they were erected as memorials to kings from a long lost era - possibly the 11th century - and their queens. Before crossing the river, turn sharp left for the Queens` Tombs, a series of four huge, square-tiered reliefs, chiseled from the riverside cliff face to resemble temple facades. After crossing the Pakrisan River, you enter the actual Gunung Kawi temple complex, which contains an unusual cloister, complete with courtyard, rooms and cells, entirely cut from the ravine rock wall. This was probably built for the holy men who looked after the five royal tombs at the back of the temple complex. These are in better condition than the Queens` Tombs, and you can see the false doors and facades quite clearly defined.



## Tirta Empul

All Balinese will make regular pilgrimages to Tirta Empul. They come seeking to cleanse themselves spiritually and to cure their physical ailments by bathing in the holy springs, which have been considered the most sacred in Bali ever since the tenth century, if not longer. The shallow red-brick bathing pools are sunk into the ground of the outer courtyard of a temple, fed by water from the springs in the inner sanctuary. Men, women and priests each have their own segregated sections in which to immerse themselves, though most modern devotees just splash their faces and smile for the camera.



## Neka Museum

The Neka Museum boasts one of the most comprehensive collections of traditional and modern Balinese paintings on the island. They are on display in a series of purpose-built pavilions set high on a hill dramatically overlooking a steep river valley. The first pavilion attempts to give an overview of the three major schools of Balinese painting from the 17th century to the present day. There are even examples of the earliest known "school", the two-dimensional wayang-style works from Kamasan, that were very popular in the 19th century. One of the finest Ubud-style paintings in this pavilion is *The Bumblebee Dance* by Anak Agung Gede Sobrat, which shows a traditional flirtation dance. There are also several modern Batuan-style works that take a wryly humorous look at the effects of tourism on the island. The ground-floor hall of the second pavilion exhibits naive, childlike and expressionistic works in the Young Artists style, and its upstairs gallery is devoted to pictures by Arie Smit, the Dutch man who is said to have inspired the young painters to pursue this style. The third pavilion houses a very interesting archive of black-and-white photographs from Bali in the 1930s and 1940s, all of them taken by the remarkable American expat Robert Koke who, together with his wife Louise, founded the first ever hotel in Kuta in 1936. His photographic record includes some stunning shots of village scenes, temple festivals, dances and cremations. The small fourth pavilion is dedicated to the works of true renaissance man, I Gusti Nyoman Lempad who produced scores of cartoon-like line drawings inspired by religious mythology and secular folklore. Some of his best-known works are from a series on *Men and Pan Brayut*, a humorous reworking of the well-known folk story about a poor couple and their eighteen children. The fifth pavilion focuses on works by artists from other parts of Indonesia, whose style is sometimes labeled "Academic". Outstanding works displayed here include *Three Masked Dancers* and *Divine Union*, both by Javanese-born Anton H. Works by Indonesian artists spill over into

the ground-floor galleries of the sixth pavilion, and this is where you'll find the Javanese artist Affandi's bold expressionist portrait of fighting cocks, Prize Fighters. The upstairs galleries feature the paintings of Western artists who lived and worked in Ubud, including the Temptation of Arjuna by the influential painter Rudolf Bonnet.



**3**  
DAY

Thursday, February 28, 2019

## UBUD (B,L)

Take a shuttle from hotel to Mambal village. Ride about 2 hours on bicycle over quiet roads with hardly any traffic and explore the countryside of Bali. You see the unique Subak irrigation system at work and cycle over river banks, built by the Dutch centuries ago, to control the water of the Ayung river. Our experienced guide will cycle with you over the small (but good) concrete paths built in between the paddyfields to give easy access to the farmer to work the land. Take a break in a small fruit stall alongside the road where you are served a fresh coconut. Today you see dams and waterfalls, traditional village life, flower fields, farmer at work... The beautiful but rarely visited side of Bali! Following your cycling trip a tasty traditional Balinese lunch is served in an authentic Balinese compound.

Including: return hotel transfer, mountain bike & helmet, professional guide, insurance, water, cold towel, at the end of the bicycle tour, set lunch (incl. free flow water, coffee and tea), raincoat.

Starting times are 9.00 and 14.00

### Highlights:

- Explore the un-touristy part South of Ubud with a mountain bike
- Cycle through Bali countryside and villages along the rice and flower fields
- Ride your bike alongside the Ayung river on the old river banks built by the Dutch
- Enjoy a fresh young coconut while overlooking the Subak irrigation system by the dam and waterfall
- Lunch at a traditional Balinese compound

### What to bring :

- Sport shoes
- Comfortable clothes
- Sun screen
- A hat or cap
- Camera

Please note that this activity is not private, but based on sharing in international group. Our guide is not available during this excursion



The Alena Resort  
Deluxe Room + BFS



Breakfast at Hotel  
Lunch at Balinese compound

**Travel Experts**



4

DAY

Friday, March 01, 2019

**UBUD (B)**

Free day at your own leisure



**The Alena Resort**  
*Deluxe Room + BFS*

Breakfast at Hotel

Saturday, March 02, 2019

## UBUD - SIDEMEN (B,L)

Depart from Ubud to Sidemen. First we will pick up Mrs Inge (Hotel TBA), then you will be driven at a slow pace, while enjoying the enchanting Balinese scenery. First stop at the daily market of Gianyar. Watch out for the local delicacy 'suckling pig'! We continue further up to a beautiful hidden paradise waterfall nearby. Then onwards to a village to feel intimate with the community, culture and lifestyle of rural Bali atmosphere. Continue drive to Sidemen, check-in and at leisure.



**Subak Tabola Villa**  
Deluxe Room + BFS



Breakfast at Hotel  
Lunch at Balinese compound



### Authentic Balinese Life Experience (No Balinese Healer)

Start off the day with a visit to the market of Gianyar, a city just 10 kilometers northeast of the glitz of Ubud, but decades away in time. It's a flight of imagination back into the mystery and magic of the East. A stroll on the local market is one of the most enjoyable ways to connect with the foundations of a culture that goes back several thousands of years is a visit to a local market. It is the place where families gather to eat delicacies such as roast pig, sweet cakes, chicken and coconut balls, fried bananas and tempeh and tofu — all aglow and golden atop of mobile kitchens on wheels that are ferried from other places. The distinction between scores of temporary and permanent food stalls become rather thin. However, they all cook up a mouth-watering and a jaw-dropping range of dishes. There's everything from babi guling (spit-roasted pig with chilli, turmeric, garlic and ginger) to succulent combinations of vegetables that defy description. Much of the fun is just strolling along. Then you head towards the mountains. A short hike spans the distance between the temple at the outer border of the village to its center. You'll be thrilled by magnificent views surrounding rice terraces. Depending on the time of the year, harvesting or planting of rice will unfold before your eyes. Occasionally a Balinese farmer will give you his most welcoming smile. Spot the small shrines in the middle of a rice field, dedicated to the Goddess of Fertility. Not a day will pass by without a delicate offering placed on its top. Experience first handed how a typical Balinese family lives and observe the traditional rules to build a house compound. They are amazingly defined by a set of philosophical rules, steeped in Balinese Hinduism. A village lady is engaged in the art of making temple offerings. Creating these apparent simple gifts to the Gods, is part of the daily routine of the Balinese. After lunch, you will walk through the village and learn more about traditional house architecture. The most important part is the house temple, inevitably pointing towards the mountains. It is amazing how Balinese keep their buildings consistently in line with religious principles. Then it is back to your hotel, after a day full of quintessential Balinese experiences.



### Kehen Temple

The ancient and much revered Pura Kehen, 1.500m north of the town of Bangli, rises up steeply from the road in terraces lined with religious statues. Sporting several remarkably fierce Bhoma leering above fabulously carved doors, the great entrance leads into the outer courtyard containing a massive banyan tree with a kulkul tower built among the branches. A small compound, guarded by naga under a frangipani tree, contains a stone that is supposed to have glowed with fire when the site of the temple was decided. Steps lead up to the middle courtyard, from where you can

look into the inner courtyard, with its eleven-roofed meru dedicated to Siwa. The word `kehen` is derived from "keren" meaning `flame`.



6

DAY

Sunday, March 03, 2019

## SIDEMEN (B,L)

Enjoy your cooking class at the hotel follow with lunch. It is a hands-on sensory experience on how to prepare and enjoy a variety of classic Indonesian dishes and Balinese food. You will learn how to use the many exotic herbs and spices used in everyday Balinese/Indonesian dishes and will travel to the local market to experience firsthand the sights and smells of how these spices are made available. Participants will then actively help make these aromatic dishes.

"Recipes will be given out with a Certificate for each participant."

Afternoon free at your own leisure.

NOTE: No guide and car available on this day.



Subak Tabola Villa  
Deluxe Room + BFS



Breakfast at Hotel  
Lunch after cooking class



7

DAY

Monday, March 04, 2019

## SIDEMEN (B,L)

Today we will have a soft walk in surrounding of Tenganan village, then drive past beautiful rice terraces and take a dip at the spring fed pools of Tirtagangga. Onward to witness Melasti ceremony. It is of incredible importance to the annual rites of the Balinese Hindu before Nyepi (silence) day. Return to hotel and at leisure.



**Subak Tabola Villa**  
*Deluxe Room + BFS*



Breakfast at Hotel  
Lunch at local restaurant



## Tenganan hike

This morning we will take you to a village near Tenganan and start a descent walk through beautifully landscaped rice terraces and rarely visited villages along the bottom of Mount Agung. Taste a young coconut water as you trek, get in touch with people, witness their daily activity in the field.



## Tirta Gangga Water Palace

Located at Ababi village, Abang district, East Bali, Tirtagangga lies less than 100km from the capital city Denpasar. This water garden was built in 1948 by the King of Karangasem, Anak Agung Anglurah Ketut Karangasem, blending Balinese and Chinese styles. In the late forties of the last century, this was a playful weekend retreat for one of the last raja's of Bali. There are enough water basins, fountains and bizarre statues to charm you, while the surroundings are pretty and quiet. The water comes from one of the nearby natural springs. The place has always been regarded as holy. Tirta means blessed water, gangga comes from Ganges, the holy river in India. The holy water is required for ceremonies of the temples in the surrounding as far as Tirtagangga. The springs have a huge output of pure water. The water is first led to a reservoir where it is divided in two parts. One third provides drinking water for the town Amlapura. The remainder goes into the upper swimming pool through an underground pipe. The overflow of water goes into the lower swimming pool, the other ponds and finally into the rice fields.



## Melasti Ceremony

It is the annual Balinese purification ritual usually held 2-4 days before Nyepi day along the Eastern coast. During Melasti, you will have an opportunity to witness the finest Balinese culture, as village communities (or banjar) travel together to the sea. It's hard to miss, as lines of ladies carrying offerings on their heads, men carrying the pratima shrines on their shoulders and others holding up Balinese umbrellas take to the streets and walk from temple or village to the coast. Or you may see them piled into trucks, dressed in their

kebaya, sarongs and udengs, umbrellas poking out the top. In either situation, the Balinese gamelan orchestra follows the parade to the beach, where the Balinese bring their offerings. The purpose of Melasti is to clean the human body and the entire earth from bad spirits



8

DAY

Tuesday, March 05, 2019

## SIDEMEN - PEMUTERAN (B,L)

Depart to the north coast of Bali. First we will stop in Pura Besakih, known as the Mother Temple, built against the slope of Mount Agung. Drive small mountainous roads to Penelokan. Enjoy the marvelous vistas over Lake Batur, Gunung Agung, and Mount Batur. From here we drive down all the way to Pemuteran. Arrive in late afternoon, check-in and at leisure.



**Taman Sari Bali Resort & Spa**  
Deluxe Bungalow + ABF



Breakfast at Hotel  
Lunch at local restaurant



### Besakih Temple

The renowned temple of Besakih is built against the southern slope of Gunung Agung, a violent yet sacred mountain for the Balinese. A sprawling complex of shrines, dedicated to an unknown number of gods, constitutes the religious center of Bali. On ominous days, Besakih brims with colorful activity. Row after row, women climb the temple stairs, proudly carrying a heavy load of flower and fruit offerings. They are meant to stabilize the Universe or to finalize a complicated religious ceremony. Besakih and surroundings can easily be described as the holiest place on the island, covering an extended religious patchwork of shrines and temples, dedicated to kings and Gods. At any given time, you`ll walk together with numerous pilgrims as every Balinese is required to pay homage several times throughout the year.



### Penelokan, Kintamani

Penelokan is perched on the edge of the crater of Mt Batur, and its name means `place to look`. You will enjoy breathtaking views over the volcano and the lake of Batur. Mount Batur is actually just a small volcano, but it set is in the heart of a huge crater that is 14km in diameter. Adjacent to the volcano is the large crescent-shaped Batur Lake, all surrounded by the high walls of the crater rim. The sheer size of the crater conjures up images of the massive eruption

of the original Mount Batur that occurred tens of thousands years ago. The volcano is still active today. Balinese all over the island who still remember the great eruption of 1917 will testify. It claimed thousands of lives and destroyed hundreds of temples. It was "the year when the world shook".



9

DAY

Wednesday, March 06, 2019

## PEMUTERAN (B)

Free day at your own leisure.

Another identical tradition to welcome "Nyepi" (silence) day, is the night of "Pengerupukan" (the eve of Nyepi day), where you may see Ogoh-ogoh parade. Many of giant sculpture 'puppets' will taking your attention in this ceremony. An Ogoh Ogoh represents the demonic spirit, but also Bhuta-Kala (Bhuta: eternal energy, Kala: eternal time) according to Hindu teachings. The main purpose of the making of Ogoh-ogoh is the purification of the natural environment of any spiritual pollutants emitted from the activities of living beings (especially humans). The Ogoh Ogohs are paraded in a convoy, and then burnt as a symbol of purification

The street in front of hotel usually already closed from around afternoon time for parade preparation, then the parade will begin in the beginning of nightfall. Feel free to ask the hotel regarding the best spot and the schedule to witness this parade by your own.

NOTE: Our guide and car are not available.



Taman Sari Bali Resort & Spa  
Deluxe Bungalow + ABF



Breakfast at Hotel



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Thursday, March 07, 2019

## PEMUTERAN (B)

## DAY

Today is Nyepi. It is a Balinese "Day of Silence" is the New Year celebration on the Balinese Hindu calendar. Contrary to most New Year celebrations, Nyepi is reserved for meditation, introspection, fasting and praying. The Nyepi rituals consisting of five "rules" which must be adhered to by everyone, even the airport stops operating, no fire or light, no working, no traveling and no entertainment. The purpose of those five points is to reach self-reflection and return the pure soul. Cleanse the soul, cleanse the world! You will be allowed to spend your day inside hotel area only and use hotel's facilities starting from 06.00 am till the next morning, for 24 hours. So, enjoy this silence and quiet day for your own leisure.

Note: Our guide and car is not available.



Taman Sari Bali Resort & Spa  
Deluxe Bungalow + ABF



Breakfast at Hotel

## 11

## DAY

Friday, March 08, 2019

### PEMUTERAN (B,L)

Meet your local guide in the dives spot at the hotel. This morning we will take you to Menjangan island and join sharing transfer. This Islands are the perfect place for snorkeling. We will take you by a boat to the island where you will be equipped with snorkeling mask and fins for snorkeling. After enjoying your lunch box, return to hotel and the rest of the day at leisure.

NOTE: Our Guide and car are not available.



Taman Sari Bali Resort & Spa  
Deluxe Bungalow + ABF



Breakfast at Hotel  
Lunch box

### Menjangan Island: Snorkeling

In the morning we take time to visit an island with some of the best diving and snorkel opportunities in the whole country. Menjangan Island offers splendid snorkeling for beginners and fascinating dives for the experienced alike. At a small harbor near Pemuteran we will take a boat to the island where you will be equipped with snorkeling mask and fins. When sailing to the shores of North Bali, the background is dominated by the blue hue of Bali's central mountain range. The locals appropriately call it the 'Blue Mountains.



## 12

## DAY

Saturday, March 09, 2019

### PEMUTERAN - MUNDUK (B,L)

This morning you will depart from Pemuteran to mountainous Munduk area. On the way you will have chances for some visits and photo stop. Arrive in Munduk in the afternoon, check-in and at leisure.



**Puri Lumbung Cottages**  
Standard Cottage + ABF



Breakfast at Hotel  
Lunch at local restaurant



## Pulaki Temple

Pulaki Temple is located in Banyupoh Village, just beyond the eastern edge of Pemuteran and 53km west of Singaraja. The stark charcoal-grey stone of the 16th century temple Pura Agung Pulaki peers down from a weatherworn cliff face, making a good viewpoint over the northwest coast. It is situated on a hill that is only 25m away from the beach and inhabited by monkeys which are considered as the descendants of Dewa or the Gods. Pura Pulaki is one of the highest sad kahyangan temples, giving orientation to all Balinese.



## Banjar Hot Spring

The hot springs from Banjar, are a pleasant one kilometer hike away from the main road. It is widely believed its water can heal diseases. But it is the natural beauty of the environment that make it a well worth trip.



## Buddhist Monastery - Banjar

In the 6th century Buddhist monks landed and settled in the North of Bali. In general, the Hindu religion of Bali has a lot of Buddhist influence. The Buddhist monastery of Banjar is one of the more tranquil ones and comes complete with a lotus pool and sculptures. It was hit badly by an earthquake in the seventies but resident monks rebuilt it subsequently. Although visitors are welcome, they are required to keep noise to a minimum. This place is more than just a tourist attraction as it is still a place of worship. The views on the hills surrounding Lovina are extraordinary. The terraced complex has a few praying rooms with golden Buddha's. On the highest level of the complex you find a stupa, almost like a small version of the Borobudur in Java.



**13**  
DAY

Sunday, March 10, 2019

## MUNDUK (B,L)

Today we will have another walk into the rain forest along Tamblingan lake, the program also inclusive canoeing on the lake. Return to your hotel and at leisure.



**Puri Lumbung Cottages**  
Standard Cottage + ABF



Breakfast at Hotel  
Lunch at local restaurant



### Lake Tamblingan Trekking

Situated at about 1.200 meters above sea level, with mighty Mount Catur rising from its eastern shore, the climate in Lake Tamblingan is pleasantly cool all year round. Noteworthy is the Pura Ulun Danu, place of worship for the Goddess of the lake as the source of water for Bali. Combining typical Hindu and Buddhist temple architecture, it is one of the most photographed temples of Bali. Moreover, it acquired the status of a kayangan jagat or directional temple, meaning it is revered by all Balinese across the island. Along wide highlands and strawberry farms, the road lead even further up into the mountains. After soaking up the spectacular view of the twin lakes of Buyan and Tamblingan, start your trek descending into the rain forest and learn how many of the local tropical plants have a medicinal use. On an open site in the forest sits almost unexpected the eerie Pura Dalem Tambingan which is dedicated the deceased ancestors. Continue downwards until you reach Pura Ulun Danu Tamblingan, dedicated to the Goddess of Lake Tamblingan. From this point, the view to the lake with the surrounding lush rain forest is inspiring. A short boat ride on a traditional wooden canoe brings you to the other lake shore. Very few people venture out into this direction. During your trip it is so quiet you can hear the birds singing. Foreste slopes seal off this area from the rest of the world. On last leg of the trip, stroll along Pura Gubug, a masterly designed Hindu temple. Merus with an uneven number of pagoda roofs, rise from behind the temple's twin gate entrance. This is a unique and quite rarely visited holy place!



*Monday, March 11, 2019*

## **DEPART (B)**

Free at leisure until departure time, meet your guide at hotel lobby for transfer service back to Denpasar airport, onwards to your flight back home at 19H.

-End of services-

Accommodation: Room check out at 12:00h, please store your luggage at concierge, you may use the hotel general facilities until pick up time.



Breakfast at Hotel



## HOTELS INFORMATION

### **The Alena Resort**

Banjar Silungan, Desa Lodontuh, Ubud, Gianyar 80571  
+62 361 2091 000

### **Subak Tabola Villa**

Banjar Tabola, Desa Sidemen – Karangasem, Bali  
+62 81 1386 6197 / +62 81 2382 9936

### **Taman Sari Bali Resort & Spa**

Desa Pemuteran, Gerokgak, Buleleng, Bali  
+62 362 93264, 0362 94755, +62 82 897 030 012

### **Puri Lumbung Cottages**

Munduk Village, Northern Bali  
+62 362 7012887, +62 81 23874042, +62 85 100005267, +62 85 847 997 970

Indien u akkoord gaat, dan wordt er een bestelbon opgemaakt die digitaal getekend dient te worden. De vliegtuigtickets dienen direct betaald te worden + 30% voorschot op het landarrangement. Het resterende bedrag dient 2 maanden voor vertrek betaald te worden.

Gelieve me de volgende gegevens te bezorgen:

Namen zoals op internationale reispas, geboortedatum, adres, e-mail en telefoonnummer.

Voor Indonesië is een paspoort nodig dat nog 6 maanden geldig is bij aankomst. Een visum krijgt u gratis bij de grens.

Indien u geen reisverzekering heeft (annulatie en/of reisbijstand) kunnen we u een voorstel doen. We werken hiervoor samen met Touring.